



Marathon Week Daily Update

Friday 21 April

Welcome to your Friday update from the TCS London Marathon Media Team.

Marathon Weekend kicks off tomorrow, when the [biggest-ever TCS Mini London Marathon](#) takes place in St James's Park, started by World 1500m Champion Jake Wightman.

See below for key information ahead of Marathon Day and visit the [Latest News](#) section of our website for today's updates.

■ Media resources

Head to the [media resources](#) page for everything you need to know about this year's event, including [elite start lists and bios](#).

■ Live tracking and results

The TCS London Marathon will have a live tracking and results service available to media on Sunday 23 April. The service will show elite runners' live split times and final results and enable you to track celebrity and human interest runners. Please log in via

<https://press.tcslondonmarathon.com/>

Username: london

Password: press

[Media resources →](#)

[Press releases →](#)

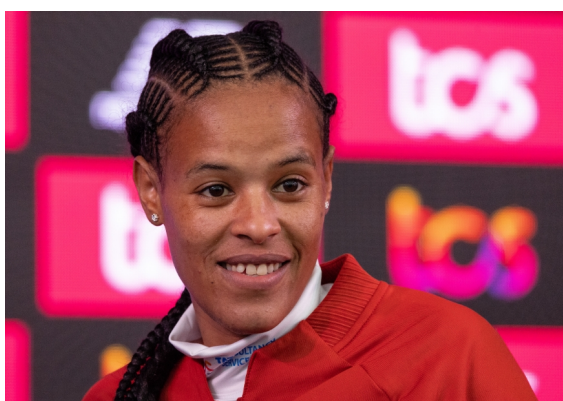
■ Broadcast and video footage

Footage from the elite press conferences, plus additional content, will be filmed and distributed in broadcast-quality HD to broadcasters and media outlets for multi-platform use.

It is free of charge to access and for use across all media channels worldwide (please note standard BT Tower downlink charges may apply for broadcasters wishing to access live delivery of the elite press conferences).

Content will be distributed daily until Monday 24 April and will be downloadable via online link. For further details, and if you would like to receive the daily media alert of footage available, please email marathonbroadcast@overexposed.tv

■ New on the site



Yalemzerf Yehualaw aims for record return

[Read more →](#)



'Marcel's the man', admits Weir ahead of London battle

[Read more →](#)



Former champions revisit cherished London Marathon memories

[Read more →](#)



2024 TCS London Marathon Ballot opens tomorrow

[Read more →](#)



Marathon legends plant trees in London Marathon Living Hall of Fame

[Read more →](#)



Pre-race quotes from the elite women's field

[Read more →](#)



The world's best wheelchair racers look ahead to the TCS London Marathon

[Read more →](#)



Quotes from former champs Kristiansen, McColgan, McKiernan and Radcliffe

[Read more →](#)



How Yehualaw won the 2022 TCS London Marathon

Watch now →



Eilish McColgan out of Sunday's race

Read more →

■ Photos for media

The 2023 TCS London Marathon image library will be updated daily. Images may be downloaded for editorial use free of charge. Please credit: TCS London Marathon.

The following link will take you to a selection of images from the [TCS London Marathon image library](#). If prompted, enter the password TCSLM2023

■ Contact us

For more information or if you have any queries, please email us at: media@londonmarathonevents.co.uk

■ Social channels

[Facebook](#), [Instagram](#), [TikTok](#), [Twitter](#)

tcs TATA
CONSULTANCY
SERVICES


new balance


Abbott

iFIT


NO. 1 BRITISH NATURAL MINERAL WATER
BUXTON

FLORA

Lucozade
SPORT

TAG
HEUER

 ABBOTT
WORLD
MARATHON
MAJORS

 enthuse

LME LONDON
MARATHON
EVENTS

LTF LONDON
MARATHON
FOUNDATION
INSPIRING ACTIVITY