



Marathon Week Daily Update

## Saturday 22 April

Welcome to your Saturday update from the TCS London Marathon Media Team.

World champion Jake Wightman hailed the stars of the future today at the TCS Mini London Marathon – see below for more information or visit the [Latest News](#) section of our website.

Marathon Day kicks off in just a few hours when the [virtual TCS London Marathon](#) gets underway around the world at 00:00 BST, followed by the wheelchair races tomorrow at 09:15, the elite women at 09:25 and the elite men and masses at 10:00.

### ■ **Media resources**

Head to the [media resources](#) page for everything you need to know about this year's event, including:

- 2023 TCS London Marathon overview
- Elite races – including start lists, biographies, awards and bonuses, and race previews
- Mass participants – including celebrities, human interest stories, MPs taking part and Guinness World Records attempts
- The Course and Pace Guide
- TCS Mini London Marathon overview
- Abbott World Marathon Majors
- About the London Marathon
- About London Marathon Events
- About the London Marathon Foundation

## ■ Live tracking and results

The TCS London Marathon will have a live tracking and results service available to media tomorrow. The service will show elite runners' live split times and final results and enable you to track celebrity and human interest runners. Please log in via

<https://press.tcslondonmarathon.com/>

Username: london

Password: press

## ■ Flash quotes

Flash quotes from the mixed zone and post-race elite press conferences will be available on the [media resources](#) page tomorrow. Quotes from notable charity runners and celebrities will also be available and will be updated throughout the day.

[Media resources](#) →

## Press releases →

### ■ Broadcast and video footage

Interviews with elite athletes – including winners – celebrities and charity runners from tomorrow's TCS London Marathon will be filmed and distributed in broadcast-quality HD to broadcasters and media outlets for multi-platform use.

It is free of charge to access and is for use across all media channels worldwide (please note standard BT Tower downlink charges may apply for broadcasters wishing to access live delivery of the elite press conferences).

Content will be distributed daily until Monday 24 April and will be downloadable via online link. For further details, and if you would like to receive the daily media alert of footage available, please email [marathonbroadcast@overexposed.tv](mailto:marathonbroadcast@overexposed.tv)

### ■ New on the site



Thousands enjoy the biggest ever Mini London Marathon

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Enter the 2024 TCS London Marathon Ballot now!

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## Eliud Kipchoge to start tomorrow's TCS London Marathon

[Read more →](#)



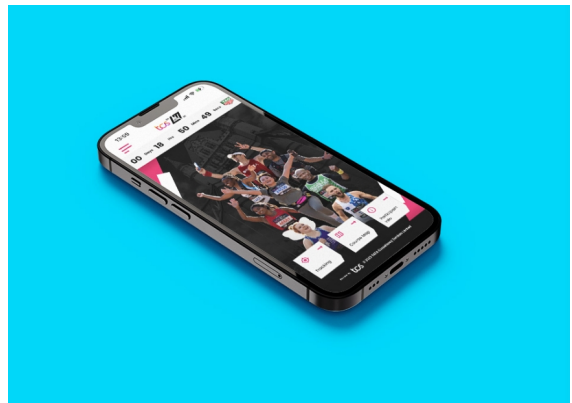
## Jake Wightman celebrates the stars of the future at the TCS Mini London Marathon

[Read more →](#)



## Paula Radcliffe and Sir Mo Farah look back at his astonishing career

[Watch now →](#)



## Track runners tomorrow via the Official App, powered by TCS

[Read more →](#)

### ■ Photos for media

The 2023 TCS London Marathon image library will be updated daily. Images may be downloaded for editorial use free of charge. Please credit: TCS London Marathon.

The following link will take you to a selection of images from the [TCS London Marathon image library](#). If prompted, enter the password TCSLM2023

### ■ Contact us

For more information or if you have any queries, please email us at:

[media@londonmarathonevents.co.uk](mailto:media@londonmarathonevents.co.uk)

## ■ Social channels

[Facebook](#), [Instagram](#), [TikTok](#), [Twitter](#)

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